



# GROWING EMPATHY

## CREATING AN EMPATHIC CLIMATE OF COLLECTIVE CARE

Growing Empathy is a powerful, cost-effective, capacity-building model designed to scale the use of empathic communication throughout an education ecosystem. It is a key component to building and sustaining a district or school-wide climate of collective care. The FuelEd team will provide training and ongoing support to a select group of on-site educators who will lead the Growing Empathy learning experience over the course of a year.

### Growing Empathy includes four learning modules:



Empathy As a  
Healing Force



Developing  
Empathy through  
Perspective Taking



Empathic  
Communication



Empathic  
Communities

## SCIENCE & SKILLS

In FuelEd's Growing Empathy program, teachers and leaders learn how to:

- Articulate the scientific benefits of empathy
- Explore personal strengths and weaknesses in empathic communication
- Recognize “empathy blockers” and learn how to avoid them
- Demonstrate greater awareness of others’ perspectives, feelings, thoughts, needs, and values
- Activate and practice new skills of empathic listening with adults and students

Teachers and leaders who participate in Growing Empathy workshops learn and experience the power of empathic listening and communication to promote well-being, learning, and growth. They gain the skills needed to carry this work forward into classrooms and schools.



**Schools can be stressful places but, if everyone follows the components of the Growing Empathy series, then I think that they would have the tools needed to achieve a more positive outcome.**



# G R O W I N G   E M P A T H Y

## **A DISTRICT CAPACITY BUILDING MODEL**

Growing Empathy transfers knowledge and skills from FuelEd to district leaders and educators with the following capacity-building components:

- Two, 3-hour facilitator training sessions
- Full access to FuelEd's Growing Empathy learning platform including new, rich video content, a comprehensive facilitator's guide, and detailed participant workbook (8 hours of lessons)
- A module dedicated to "skill application," through the adoption of a new school-wide practice, stewardship, for instilling a culture of empathy
- Flexible delivery model for implementation - designed to fit within existing school schedules
- Up to eight hours of coaching support throughout the year for Growing Empathy facilitators
- Up to three hours of progress monitoring and implementation support for district leaders

## **WHY CHOOSE THE GROWING EMPATHY PROGRAM**

District partners who choose to implement the Growing Empathy program as a follow-up to either our Whole Educator Collective or Empathy School professional learning benefit from:

- building a deeper sense of community and belonging amongst teachers, leaders, and staff
- scaling and reinforcement of empathic listening and communication skills district-wide
- a greater capacity to reach and teach more educators about using empathy to promote learning, exploration, and growth than through direct service alone
- campus-based educators who are well-equipped to drive forward and sustain relationship-driven teaching and learning
- demonstrating a commitment to climates of collective care to support educator and student well-being

**Growing Empathy accelerates the creation of relationship-driven classrooms and schools where teaching and learning thrive.**

**To bring Growing Empathy to your district as part of a contextualized and comprehensive partnership engagement with FuelEd, contact us now.**



[info@fueledschools.org](mailto:info@fueledschools.org) | [fueledschools.org](http://fueledschools.org)